# WHAT IS CLAIMED IS:

- 1. A variably insulated system, comprising:
- a heat generating core;
- a heat sink; and
- a heat responsive coupling member configured to selectively couple said heat generating core and said heat sink at predetermined temperatures of said heat generating core.
- 2. The system of claim 1, wherein said predetermined temperature comprises an operating temperature of said heat generating core.
- 3. The system of claim 1, wherein said heat responsive coupling member comprises a shape memory alloy.
- 4. The system of claim 3, wherein said heat responsive coupling member further comprises a spring coupled to said shape memory alloy.
  - 5. The system of claim 1, wherein said coupling member comprises a bimetallic strip.
- 6. The system of claim 1, wherein said coupling member comprises a machine actuated member and a sensor.
  - 7. The system of claim 1, wherein said heat generating core comprises a fuel cell system.
- 8. The system of claim 7, wherein said heat generating core comprises a solid oxide fuel cell.
  - 9. The system of claim 1, wherein said heat sink comprises a metallic material.
- 10. The system of claim 9, wherein said metallic material comprises one of copper or aluminum.

- 11. An electrochemical system, comprising:
- an electrochemical core;
- a heat sink; and
- a heat responsive coupling member configured to selectively couple said electrochemical core and said heat sink at predetermined temperatures of said electrochemical core.
- 12. The system of claim 11, wherein said predetermined temperature comprises an operating temperature of said electrochemical core.
- 13. The system of claim 11 wherein said heat responsive coupling member comprises a shape memory alloy.
- 14. The system of claim 13, wherein said heat responsive coupling member further comprises a spring coupled to said shape memory alloy.
  - 15. The system of claim 11, wherein said coupling member comprises a bimetallic strip.
- 16. The system of claim 11, wherein said coupling member comprises a machine actuated member and a sensor.
- 17. The system of claim 11 wherein said electrochemical core comprises a fuel cell system.
- 18. The system of claim 17, wherein said electrochemical core comprises a solid oxide fuel cell system.
  - 19. The system of claim 11, wherein said heat sink comprises a metallic material.
- 20. The system of claim 19, wherein said metallic material comprises one of copper or aluminum.

- 21. A solid oxide fuel cell housing comprising:
- a solid oxide fuel cell;
- a heat sink; and
- a heat responsive coupling member configured to selectively couple said solid oxide fuel cell and said heat sink at predetermined temperatures of said solid oxide fuel cell.
- 22. The solid oxide fuel cell housing of claim 21, wherein said predetermined temperature of said solid oxide fuel cell comprises an operating temperature of said solid oxide fuel cell.
- 23. The solid oxide fuel cell housing of claim 21, wherein said heat responsive coupling member comprises a shape memory alloy coupled to a spring.
- 24. The solid oxide fuel cell housing of claim 21, wherein said heat responsive coupling member comprises a bimetallic strip.
- 25. The solid oxide fuel cell housing of claim 21, wherein said heat responsive coupling member comprises a machine actuated member and a sensor.
- 26. The solid oxide fuel cell housing of claim 21, wherein said heat sink comprises a metallic material.
- 27. The solid oxide fuel cell housing of claim 26, wherein said metallic material comprises one of copper or aluminum.
  - 28. A method of using a variably insulated system, comprising:

providing a heat generating core;

applying thermal energy to said core; and

placing a heat sink in thermal contact with said heat generating core at a pre-determined temperature in response to said application of thermal energy.

29. The method of claim 28, further comprising cooling said heat sink.

- 30. The method of claim 28, wherein said cooling comprises introducing air flow around said heat sink.
- 31. The method of claim 28, further comprising removing said heat sink from thermal contact with said heat generating system in response to a decrease in said thermal energy.
- 32. The method of claim 28, wherein said placing a heat sink in thermal contact with said heat generating core further comprises implementing a heat responsive coupling member.
- 33. The method of claim 32, wherein said heat responsive coupling member comprises a shape memory alloy coupled to a spring.
  - 34. The method of claim 32, wherein said coupling member comprises a bimetallic strip.
- 35. The method of claim 32, wherein said coupling member comprises a machine actuated member and a sensor.
- 36. The system of claim 28, wherein said heat generating core comprises a fuel cell assembly.
- 37. The system of claim 28, wherein said heat generating core comprises a solid oxide fuel cell.
- 38. The system of claim 28, wherein said applying thermal energy comprises using a heat exchanger.
  - 39. The system of claim 28, wherein said heat sink comprises a metallic material.
- 40. The system of claim 39, wherein said metallic material comprises one of copper or aluminum.

- 41. A variably insulated system, comprising:
- a heat generating core;
- a means for dissipating heat from said heat generating core; and
- a means for coupling for selectively coupling said means for dissipating heat to said heat generating core at predetermined temperatures of said heat generating core.
- 42. The variably insulated system of claim 41, further comprising means for cooling said means for dissipating heat.
- 43. The variably insulated system of claim 42, wherein said means for cooling comprise a fan.
- 44. The variably insulated system of claim 41, wherein said heat generating core comprises a solid oxide fuel cell.
- 45. The variably insulated system of claim 41, wherein said means for dissipating heat comprise a heat sink.
- 46. The variably insulated system of claim 45, wherein said heat sink comprises one of copper or aluminum.
- 47. The variably insulated system of claim 41, wherein said means for coupling comprise a spring coupled to a shape memory alloy.
- 48. The variably insulated system of claim 41, wherein said means for coupling comprise a bimetallic strip.
- 49. The variably insulated system of claim 41, wherein said means for coupling comprise a machine actuated member and a sensor.